



In keeping with our support of the Hillsborough community, we are PROUDLY SPONSORING the **Pinnacle Health and Fitness Charity 5K Run/Walk on Sunday, October 6.**

We're hoping you'll join us in supporting this event by participating as a Runner or Walker.

Your participation will provide support to GiGi's Playhouse Hillsborough and other local causes including the Bob Quinn Family, the Joseph Hernandez Foundation, and the Koll Family.

Visit the online registration page to register yourself or your entire family.

Run/Walk | Join a Team or feel free to create one of your own | Donate

Sign up by September 14 and be guaranteed a race T-shirt and goody bag.

After the Run/Walk, Pinnacle will host a **Post-Race Party** which will include food, music, activities, and more. Bring the whole family.

MORE INFORMATION:

What is the Race Day Schedule?

8am Event Check In

9am 5K Begins,

9:15am Walk Begins

10am Dash for Down Syndrome Begins

11am Post-Race Party Begins

How do I get more information and sign up?

Follow this link:

<https://runsignup.com/Race/NJ/Hillsborough/PinnacleCharity5K>

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PROUD SPONSOR

**6TH ANNUAL PINNACLE HEALTH AND
FITNESS CHARITY 5K RUN / 1 MILE WALK**

**BENEFITING GIGI'S PLAYHOUSE-HILLSBOROUGH
SUNDAY, OCTOBER 6, 2019**

What is Pinnacle Health and Fitness?

Pinnacle Health and Fitness (formerly HRC Fitness) is Hillsborough's largest family fitness center providing fitness and wellness opportunities for every member of the family. Membership includes access to: State-of-the-art equipment, Personal training, Small group training, TRX suspension training, 65+ group classes weekly, dedicated free weight and fitness areas, a heated, indoor saltwater swimming pool, four racquetball courts, locker rooms with whirlpools and saunas, free on-site childcare, and an onsite healthy shake and snack bar. Pinnacle is located at 30 Brower Lane, Hillsborough. Visit www.pinnacle-nj.com for more information.

What is GiGi's Playhouse?

GiGi's Playhouse of Hillsborough opened its' doors to the community on January 11, 2015. Since that day we have welcomed over 300 families from throughout New Jersey and parts of Pennsylvania who have made us apart of lives. As the only location in New Jersey, we have made a lifetime commitment to offer support from diagnosis through adulthood, to build confidence, and to send a global message of acceptance for all, while changing the way the world sees Down syndrome. GiGi's Playhouse Hillsborough is located at 450 Amwell Rd, Suite H, Hillsborough. Visit www.gigisplayhouse.org/hillsborough/ for more information.

Please consider extending your support. We look forward to seeing you at this much-awaited community building event.

-THANK YOU